

APPRECIATE AZ ACTIVITY KIT



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APPRECIATE **AZ**



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Arizona is an explorer's dream, with places that seem magical and experiences that create long-lasting memories. But travel does have an impact on the places we visit. Color your way through this kit, you'll learn more about the Leave No Trace Seven Principles and AppreciateAZ including how to help protect Arizona's natural icons for generations to come.

Leave No Trace is a nationwide program that teaches and encourages everyone to help protect the outdoors. You can practice Leave No Trace anytime—from your backyard to the amazing places Arizona has to offer!

PRINCIPLE

No 1 PLAN AHEAD & PREPARE

Planning ahead and preparing for different kinds of terrain and temperatures means you'll be able to safely experience all that Arizona has to offer.

Can you connect the correct items to the backpack?



PRINCIPLE

No 2 STICK TO TRAILS

Plants and animal habitats are easy to disturb if you hike off the trail. Staying on the path helps protect fragile animals and plants.

Can you get through the desert by staying on the trail?



No 3 TRASH YOUR TRASH

Nature is delicate and even things you might not think are trash can hurt. So, when it comes to trash and litter, always take home what you brought with you.

Can you find the items of litter in this word search?

B C M Q G N K N H J K D D K H
 J L Q X P S O A Y V W B W S L
 V W L G L S M M H V P A J E N
 R A C B A K M S I L L P U B K
 R T J F S K H I M Z A L I O X
 X E N O T N V U D B S A E T Q
 Q R K O I F T W J A T S A T I
 V B L D C P I M P N I T K L B
 N O Z W F T S U S A C I Y E T
 H T T R O Z S A F N S C O C T
 Y T V A R D U H T A T B Z A F
 R L A P K N E Q K P R A U P E
 H E U P E E A V N E A G M V Z
 M R W E L Z L K A E W W H R M
 E Y M R T P A P P L E C O R E

How long does litter last?

Source: <https://www.saveenergy.com/material-decomposition/>



Plastic fork
1 million years



Plastic straw
450 years



Water bottle
450 years



Bottle Cap
450 years



Plastic bag
20 years



Food wrapper
20 years



Banana peel
2 years



Apple core
2 months



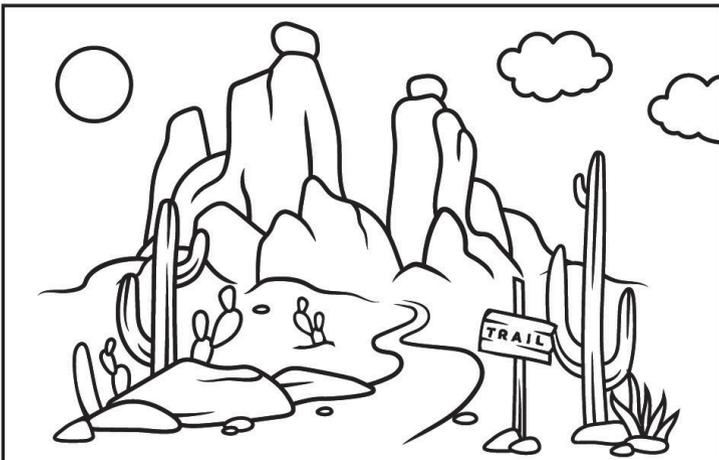
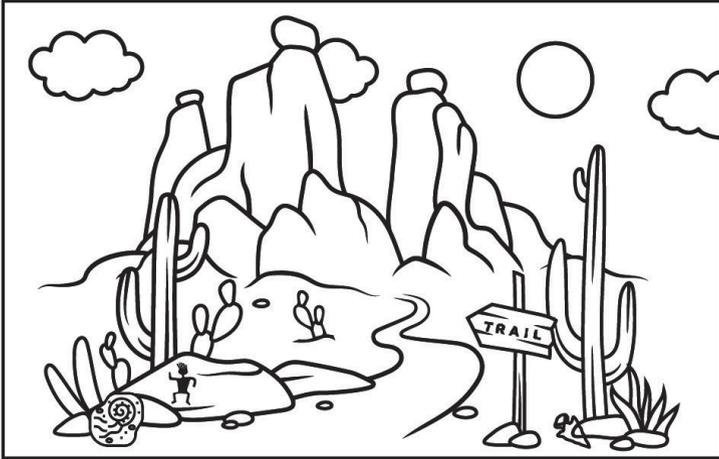
Tissue
4 weeks

PRINCIPLE

No 4 LEAVE WHAT YOU FIND

When you find something interesting or beautiful, have a good look, but leave it where you found it. That way, the next person who sees it will enjoy it too.

Spot the difference and see what's missing.



No 5 BE CAREFUL WITH FIRE

Arizona's dry climate is perfect to catch a blaze. Follow these steps to make sure your campfire is totally extinguished.

Unscramble the words associated with images below.

Step 1

Wait until the flames burn down.

Step 2

Spread the coals.

Step 3

Dump water on the campfire.

Step 4

Stir the remaining ash and embers.

Step 5

Repeat until cold.

Step 6

Check the campsite.



I E R F



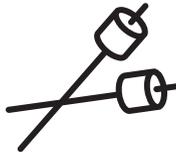
O S E V H L



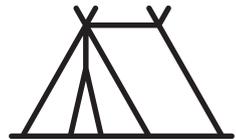
A W E T R



D O W O



S' R M O E



M C P A

PRINCIPLE

No 6 RESPECT WILDLIFE

From the Gila monster to condor, Arizona is home to more than 800 species. It's best to watch them from a distance, so be prepared to let the wildlife stay wild.

How many of these critters can you find in the image?



Coyote



Javelina



Owl



Hawk



**Wood-
pecker**



Sparrow



Snake



Bear



Raccoon



Rabbit



Deer



**Gila
Monster**



Tarantula



Squirrel



Roadrunner



Lizard



Most people get outdoors for the same reason: to get a break from busy crowds and connect with nature. But if we're all heading outside, we need to be mindful of others around us.

Here are seven steps of respecting other visitors so everyone can Appreciate AZ at the same time.

Remember this order: Hikers yield to horses. Mountain bikers yield to both hikers and horses. And downhill yields to uphill, especially on tight trails!

Everyone tends to travel at the same times. What if you and your family picked an off-peak time? There will be fewer people and more space to explore.

Select a campsite with a reasonable distance from others or where rocks or trees shade it from others' view. Worried you're too close to another camper? Be friendly and ask if it's ok.

Pets love exploring too. But if your pet is along for the adventure, make sure they're leashed, and you pick up after them. No one wants to step in poo!

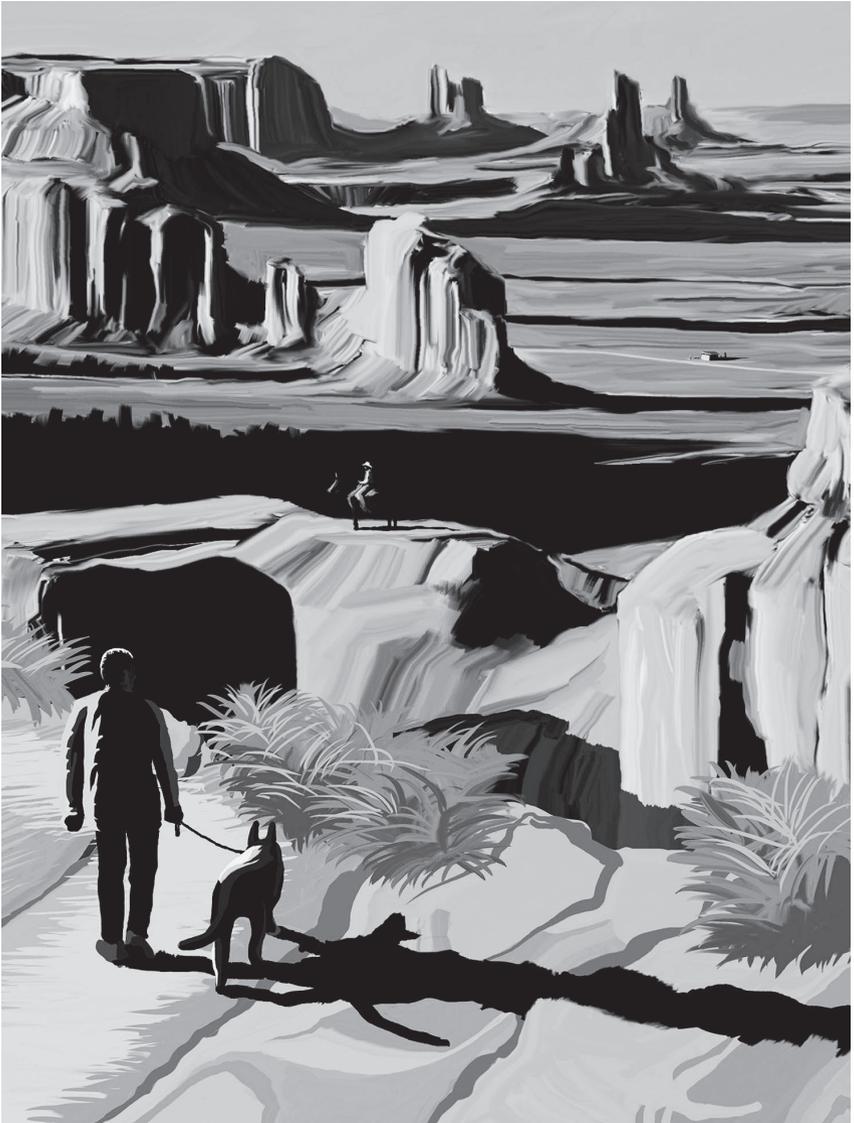
Everyone needs a break once in a while. If you take a rest, step off to the side and be mindful of those who might want to pass you on the trails.

Consider swapping brightly colored clothes and gear for more neutrals or earth tones to ensure that if others are taking in the beautiful view, they won't be distracted.

Trade your playlist for nature's soundtrack and keep technology on the trails to a minimum. Leave external speakers.

Fill in the highlighted letter from each step to see what we all can do to help share the outdoors.

○ ○ ○ ○ ○ ○ ○ ○

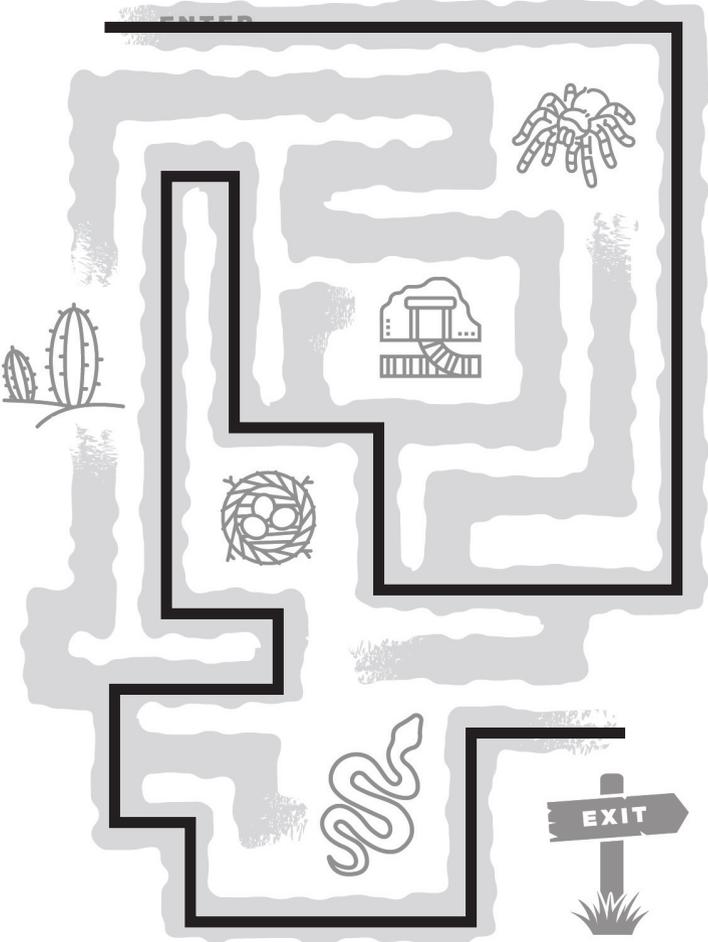


ANSWER KEY

PRINCIPLE 1

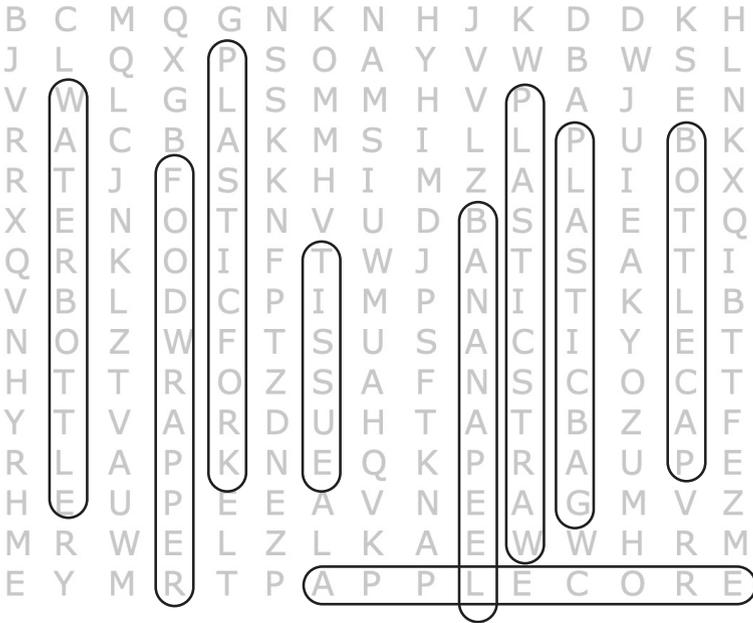


PRINCIPLE 2

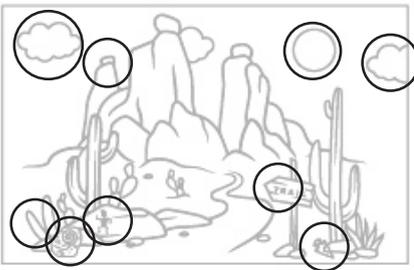


ANSWER KEY (CONTINUED)

PRINCIPLE 3



PRINCIPLE 4



PRINCIPLE 5



F I R E



S H O V E L



W A T E R



W O O D



S' M O R E



C A M P

PRINCIPLE 6



PRINCIPLE 7

R **E** **S** **P** **E** **C** **T**

APPRECIATE **AZ**

